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Participatory data gathering with Ketso







# Outline of video

- Introduction to Ketso
- How and when to use Ketso in the research process
- Advantages and disadvantages of participatory data gathering
- Adapting Ketso for use in different research contexts
- Analysing the data produced by Ketso









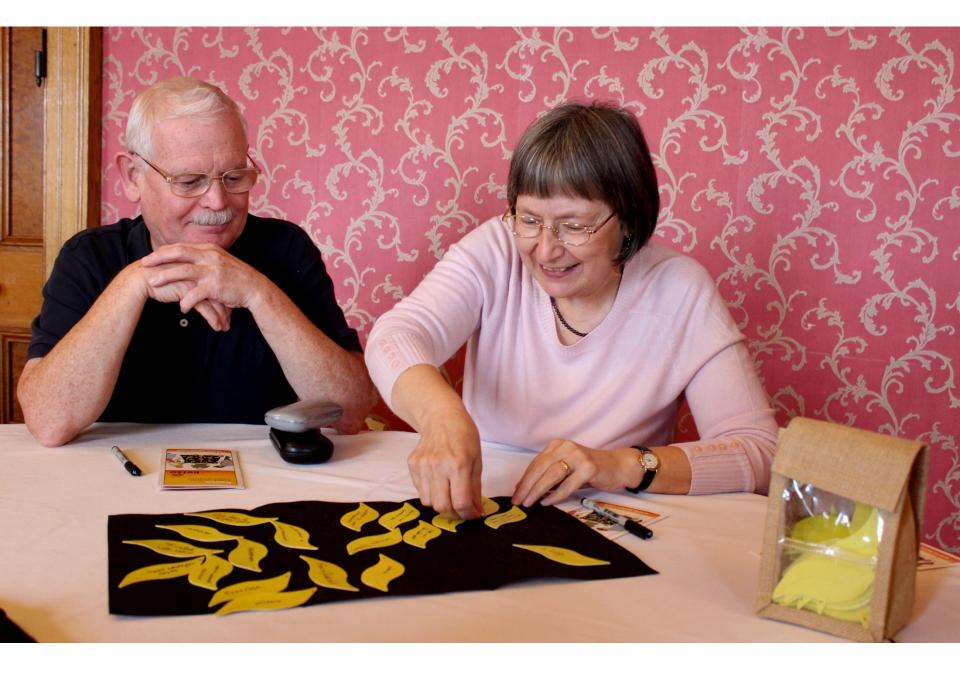












# When and how to use in the research process

#### Early stages of research

- surface assumptions and key issues
- refine the focus of your research and develop research questions
- develop links with stakeholders and make it more likely that the research will be of practical use (and used)





# When and how to use in the research process

#### Main data gathering phase

- a means of gathering primary data (main method or one of several)
- can be directly related to research questions
- can be around a topic of use to participants, where gathering data for the research questions is more tangential



# When and how to use in the research process

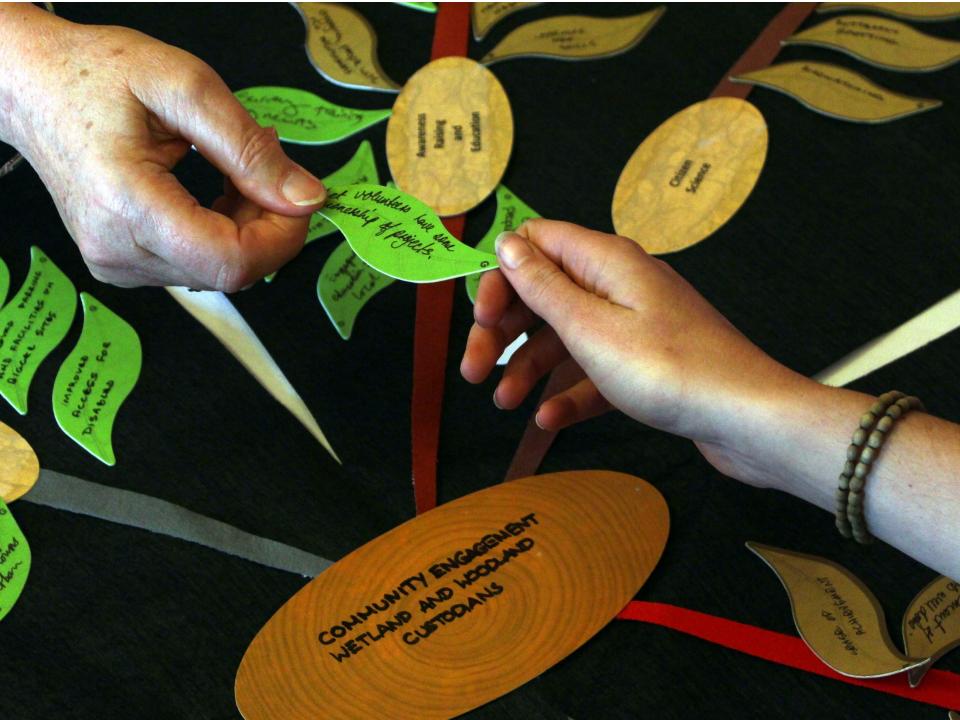
#### Later stages

- test / refine analysis
- explore implications of research for practice
- structure writing



# Advantages of Participatory Data Gathering

- People learn from each other and develop ideas together (useful for them)
- Opportunities for social learning and challenging perceptions
- Opportunity for researcher to clarify issues / probe and ask questions
- One of the few ways you can work with people who are illiterate / not able to read and write very well
- Can save time more people's points of view gathered quickly than interviews
- Results are relatively easy to understand and accessible to lay audiences or decision-makers – you can get useful (brief) quotes





# Disadvantages of Participatory Data Gathering

- It may be difficult for people to raise sensitive or difficult topics in a group (politically or personally)
- It can be hard to organise a time and place to get people together
- It can be harder to capture all the data especially from discussions (e.g. recording in noisy room) – the researcher needs to pay attention and take notes!
- Not as easy to 'generalise' as quantitative data you have to be careful what truth claims you make
- Requires some skill to analyse data and draw out key themes
- Can be daunting for the researcher

## Basic structure of a Ketso workshop



 A trunk – the core focus, which is written on the centrepiece. What is this workshop about?







 A series of questions about the core focus asked in sequence, with participants writing their answers on the coloured leaves.



## Basic structure of a Ketso workshop



 Branches provide themes to help organise and collect the answers.



# Advantages of pre-prepared branches

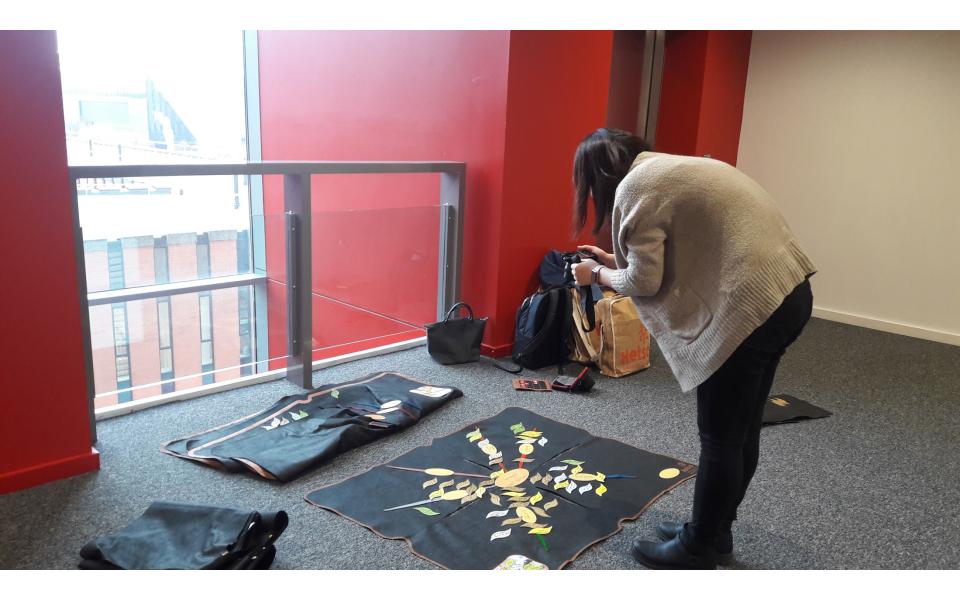
- Provides focus, and greater likelihood of covering all of the key themes
- Providing a degree of structure and a framework can spark more ideas, ideas can be tested explored against the framework
- It can help you explore your research questions
- Easier and quicker for groups to compare their ideas between tables, and thus learn from each other
- Easier to synthesise ideas from several groups (especially important if running a series of workshops)
- It can take less time, as people quickly start to cluster their ideas, instead of spending time developing themes

# Advantages of blank branches

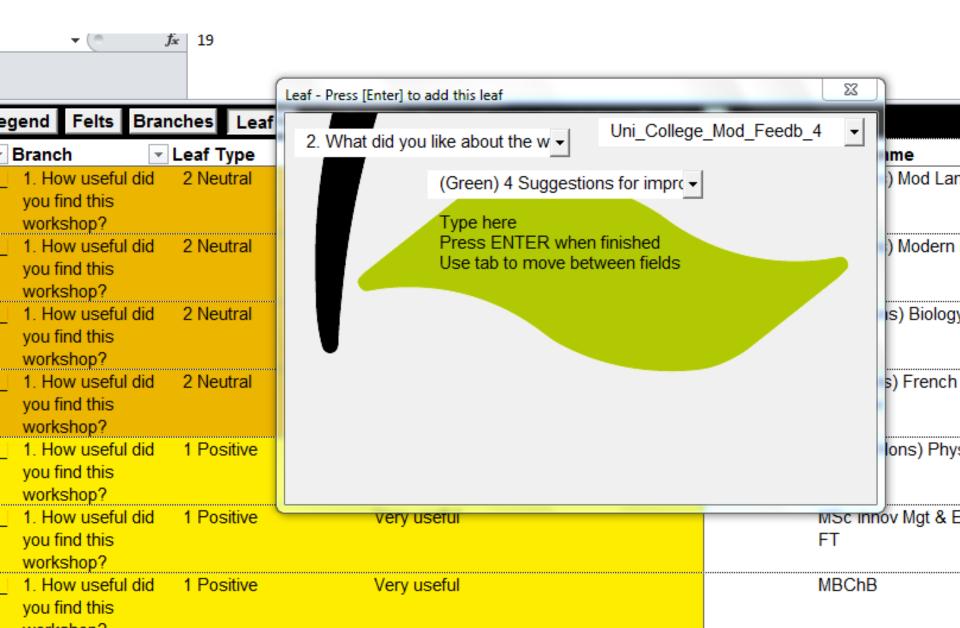
- Allows you to explore an idea with no preconceived framework
- Maybe more possibility for surprising emergent themes
- Participants can feel more 'ownership' of the themes (but these may not be shared amongst the whole group if there is more than one table)
- Quicker to prepare for a workshop (as you don't need to think of themes or write them up in advance)

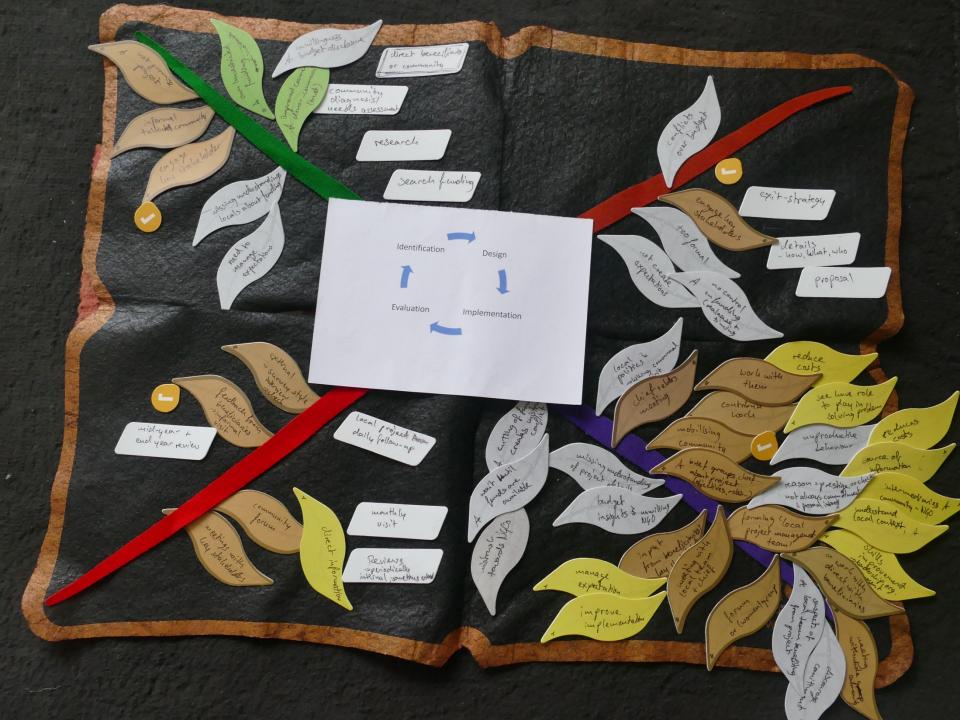
# A few core principles for planning a workshop

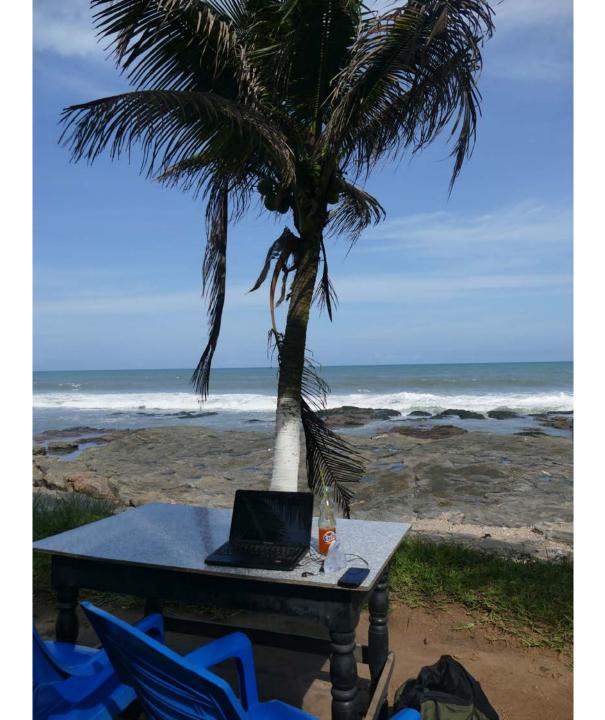
- Proceed through clear, focussed activities, asking different kinds of questions, one at a time in sequence, to look at the issue from a variety of angles
- Start with a focus on the positive (e.g. what works/ what is good about the situation), rather than the problems
- At each stage give people time on their own, to write or draw their ideas on leaves before sharing them with the group(Think, then share, then discuss).









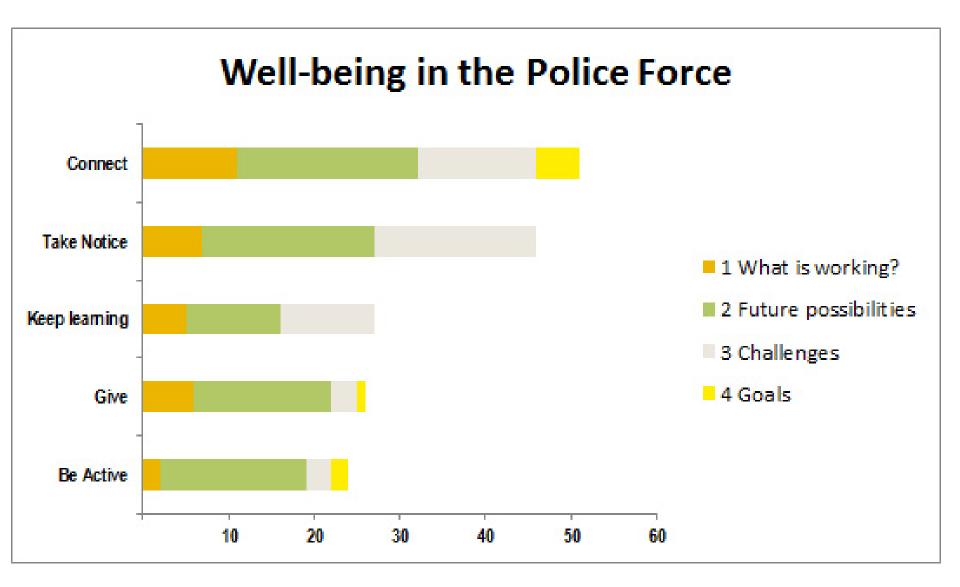


#### There is a **button for sorting the leaves** in different ways

I → Car → I → SeeM	14 Ketso 2-Changing-behaviours v2 VW JT25-11 VW 2130 [Compatibility Mode] - Microsoft	Excel									
Home Insert Page Layout Formulas Data Revie											
Cut       Arial $\cdot$ 11 $\cdot$ A <sup>*</sup> A <sup>*</sup> $\equiv$ $\equiv$ Copy *       B       I       U $\cdot$ $\Delta$ * $\equiv$ $\equiv$	Image: Wrap Text     General     Image: Wrap Text       Image: Image: Wrap Text     Image: Image: Wrap Text     Image: Imag	Insert       Delete       Format         ↓       ↓       ↓									
board 🗔 Font 🗔	Alignment 🕞 Number 🗟 Styles	Cells Editing									
1281 🔹 🥤 🜆 be persistent											
K M N	Q R S T W X	Y Z									
ils Legend Felts Branches t Leaf + inging Behaviour. Spellcheck Not Sorted - Rows as entered Charts & Tables: Opens new workbook											
Branch 🔽 Leaf Type 💌 leaf)		context - spcific 💌 Consolidated point									
Circle of 1 Behaviours we Family, friends and partnership support want to see of care and support services	environment	collaborative Need for supportive and approach, environment: potentially coordination of peers, community, family services friends									
Circle of 1 Behaviours we Be open about mental illness support want to see experience	Not Sorted - As originally entered Branch-Cluster-Colour Branch-Colour Icon-Branch-Colour Felt-Branch-Cluster-Colour Colour-Icon-Branch	Being open, speaking Wish to 'come out', be s out, sharing share experience and ge experience help (!) without shame (s or judgement (others). Currently, need to be bra to do so.									
Circle of 1 Behaviours we Inclusion of families in treatmen support want to see for understanding	Choose the column order in which you would	collaborative Collaboration and approach, coordination of services coordination of all involved in care and services support									
Circle of 1 Behaviours we People will understand and support want to see empathise when others are mentally unwell	environment	attitude and behaviour attitude: respect, listen, towards people with take seriously, be support mental ill health and compassionate									
Circle of 1 Behaviours we Supporters and carers are fully support want to see involved and included		collaborative Collaboration and approach, coordination of services coordination of services support									
Circle of 1 Behaviours we Support, compassion, equality support want to see	environment	attitude and behaviour attitude: respect, listen, towards people with take seriously, be supported in the support of the suppo									





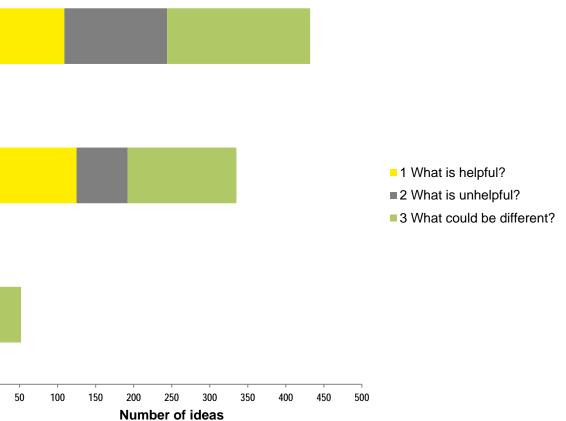


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	_							
Details	Leg	gend Felts	Branch	nes <mark>c Leaf+</mark>	/etlands	Partnership - Mapping Community Enga	k	
Felt	•	Branch	⊤ Le	eaf Type	*	Participants' Idea (written on leaf) 🛛 🔄	Cluster ID 💌	Cross cutting themes 1 💌
Wigan-C	Custo	Attitudes	4	4 What do you	get from	Exercise and fresh air	31.06	Health and wellbeing
Wigan-C	Custo	Attitudes	4	4 What do you	get from	Making friends	45.04	Friendship and connections
Wigan-C	Custo	Attitudes	3	3 Why don't th	e unenga	Shyness confidence	46.01	Attitudes and capabilities
Wigan-C	Custo	Attitudes	3	3 Why don't th	e unenga	Don't like getting involved	46.02	Attitudes and capabilities
Wigan-C	Custo	Attitudes	3	3 Why don't th	e unenga	People don't think they should get involved	46.03	Attitudes and capabilities
Wigan-C	Custo	Attitudes	4	4 What do you	get from	Friendship, physical activity	46.04	Friendship and connections
Wigan-C	Custo	Attitudes	3	3 Why don't th	e unenga	Apathy	47.01	Attitudes and capabilities
Wigan-C	Custo	Attitudes	3	3 Why don't th	e unenga	Young people don't think it's cool	47.02	Attitudes and capabilities
Wigan-C	usto	Attitudes	3	3 Why don't th	e unenga	Not cool	47.03	Attitudes and capabilities
Wigan-C	Custo	Attitudes	2	2 Future possi	bilities	Youth zone activities	47.04	Work with young people
Wigan-C	Custo	Attitudes	2	2 Future possi	bilities	Historic walks		Heritage and history
Wigan-C	Custo	Attitudes	2	2 Future possi	bilities	Gap referrals		Education and skills
Wigan-C	Custo	Attitudes	2	2 Future possi	bilities	rebrand' image of town		Communication and making links
Wigan-C	Custo	Attitudes	3	3 Why don't th	e unenga	constraints - time or family		Time
Wigan-C	Custo	Attitudes	3	3 Why don't th	e unenga	Access		Accessibility and transport
Wigan-C	Custo	Attitudes		3 Why don't th				Time
	••••••	Attitudes	3	3 Why don't th	e unenga	they don't know what they can do themselves (e.g., )		Education and skills



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#### Support and Health & Social-care Services





#### How To

#### Detailed guidance on using Ketso to create engaging & effective workshops



