

OPN Lite 6 coronavirus (COVID-19) question specification

Sponsor page wording

This survey contains questions relating to the recent COVID-19 pandemic, which many people refer to as coronavirus. It is referred to throughout this survey as coronavirus (COVID-19). All the information you provide will be used for statistical purposes only and will not be linked to any other data without your specific permission.

Given the national situation there are a lot of government departments and academics who will be using the information from this survey to help make decisions. The questions are being asked on behalf of the following organisations:

Cabinet Office

Scottish Government

Welsh Government

Department for Education (DfE)

Department for Health and Social Care (DHSC)

HMT

Office for National Statistics (ONS)

Public Health England (PHE)

Public Health Wales (PHW)

The Scientific Advisory Group on Emergencies

The Civil Contingencies Secretariat

UK Sport

Sport England

Department for Work and Pensions (DWP)

Historic England

Department for Environment, Food and Rural Affairs (DEFRA)

Cov_Lon to COV_TreaC: Appear after the MCZ questions in the OPN core

ASK ALL

COV_Lon

And how often do you feel lonely?

Often/always

Some of the time

Occasionally

Hardly ever

Never

Don't Know

Prefer not to say

ASK ALL

COV_Help

To what extent do you agree with the following statement?

If I needed help, there are people who would be there for me.

Strongly agree

Somewhat agree

Neither agree nor disagree

Somewhat disagree

Strongly disagree

Don't know

Prefer not to say

ASK ALL

COV_SpeH

Is there anyone living with you who is sick, disabled, or over 70 whom you look after or give special help to?

Yes

No

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_Preg

Is there anyone within your household that is pregnant?

Yes, me

Yes, other person within my household

No

Don't know

Prefer not to say

ASK IF HEALILL = 1

COV_CHeal

Thinking about your health, do you currently have any of the following health conditions, problems or illnesses?

Please select all apply

Angina, heart failure[CM1] or long-term heart problem

Asthma

A learning disability such as Autism spectrum disorder (ASD) or Asperger's (Asperger syndrome)

Conditions affecting the brain and nerves, such as [Parkinson's disease](#), [motor neurone disease](#) or [multiple sclerosis \(MS\)](#)

Cancer

Chronic obstructive pulmonary disease (COPD), cystic fibrosis or other long-term lung problem

Diabetes

Kidney or liver disease

A weakened immune system as the result of conditions such as [HIV and AIDS](#), or medicines such as [steroid tablets](#) or treatment for cancer[CM2]

Problems with your spleen – for example, [sickle cell disease](#), or if you've had your spleen removed [BN3]

Being very overweight (having a BMI of 40 or above)

Given an organ transplant

Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_CHeal = Other

COV_CHealSp

Please specify the other condition(s), problem(s) or illness(s) that you currently have

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_CHeal = Cancer

COV_TreaC

Are you currently having treatment for your cancer?

Yes, chemotherapy

Yes, radiotherapy

Yes, other

No

Not sure

Prefer not to say

(No DK)

The following questions are after the entire OPN core:

COV_Intro1

Thank you for taking part in this survey. As you are probably aware, there have been lots of news stories recently about a virus spreading around the world. The disease is called Covid-19, though many people refer to it as 'coronavirus'. In the questions that we ask you, we refer to it as coronavirus (COVID-19).

ASK ALL

COV_Diag

In the last seven days, have you been officially diagnosed with the coronavirus (COVID-19) by a medical professional?

Yes

No

Don't Know

Prefer not to say

ASK IF COV_Diag = 2

COV_Symp

In the past seven days, have you had coronavirus (COVID-19) symptoms?

Yes

(Symptoms include, a high temperature or new continuous cough, or both)

No

Don't Know

Prefer not to say

ASK ALL

COV_EISymp

In the past seven days, has anyone else in your household had coronavirus (COVID-19) symptoms?

Yes

(Symptoms include, a high temperature or new continuous cough, or both)

No

Not applicable

Don't Know

Prefer not to say

ASK ALL

COV_TimSymp

In the past seven days, have you or anyone else in your household spent time with someone with coronavirus (COVID-19) symptoms?

Yes

(Symptoms include, a high temperature or new continuous cough, or both)

No

Not applicable

Don't Know

Prefer not to say

COV_Intro2

There is a lot of information around about the Coronavirus (COVID-19) and how it is affecting peoples lives. We would like to know how it is affecting your life and your opinions on this. There is no right or wrong answer.

ASK ALL

COV_KeyWrk

Due to the Coronavirus (COVID-19) outbreak, have you been given 'key worker' status?

Yes

No

Don't know

Prefer not to say

ASK IF (WRKING = 1 OR CASWRK = 1) OR (OWNBUS = 1)

COV_WrkHom

In the past seven days, have you worked from home because of the Coronavirus (COVID-19) outbreak?

Yes

Not able to work from home

No

If skipped represent question with 'Don't know' 'Prefer not to answer' options

COV_Intro3

These next questions ask about reasons for leaving home since the Coronavirus (COVID-19) outbreak.

ASK ALL

COV_LeftH

In the past seven days, for what reasons have you left your home?

Please select all apply

Key worker, travelling to and from work

Non-key worker, travelling to and from work

For voluntary work

Meeting up with people in a public place
Meeting up with people in a personal place
[for example, visiting family and friends at their home or yours]
Taking part in a regular indoor activity
(for example, attending an exercise class or place of worship)
To take children to or from school (or for other activities)
For one form of exercise a day, for example a run, walk, or cycle – alone
or with members of your household
Visit a tourist attraction
shopping for basic necessities
[for example food and medicine]
any medical need, or to provide care or to help a vulnerable person
To run errands
[for example, pay bills, withdraw money from bank, visit post office]
Travel within the UK for holidays or short breaks
Travel outside of the UK for work
Travel outside of the UK for holidays or short breaks

Other (please specify)

OR

None of the above

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_LeftHm= Other

COV_LeftHSp

Please specify the reasons you have left your home

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_Wor

How worried or unworried are you about the effect that Coronavirus (COVID-19) is having on your life right now?

- Very worried
- Somewhat worried
- Neither worried nor unworried
- Somewhat unworried
- Not at all worried
- Don't know
- Prefer not to say

ASK IF COV_Wor = 1 OR 2

COV_Life

In which way is Coronavirus (COVID-19) affecting your life?

Please select all that apply

- My health is being affected
- My work is being affected
- Schools and universities are being affected
- My household finances are being affected
- My well-being is being affected
[for example, boredom, loneliness, anxiety and stress]
- My relationships are being affected
- My caring responsibilities are being affected
- My access to paid or unpaid care is being affected
- My exercise routine is being affected

Availability of groceries, medication and essentials are being affected

Access to groceries, medication and essentials are being affected

Transport is being affected

Personal travel plans are being affected

[for example, holidays and gap year]

Work travel plans are being affected

Life events are being affected

[for example, weddings and funerals]

I am unable to make plans

Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Life= Other

COV_LifeSp

Please specify the other ways in which Coronavirus (COVID-19) is affecting your life

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Life > 1 option (This is just routed off COV_Life not COV_LifeSp)

COV_MWor

Of the worries you told us about, which one are you most concerned about?

[feed forward the options from above if more than one selected]

Other

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Life= 2 (WORK)

COV_Wrk

In the past seven days, how has your work been affected?

Please select all that apply

Increase in hours worked

[for example, over-time]

Decrease in hours worked

[for example, reduced opening times, availability of work]

I have been furloughed

[this is where your employer has kept you on the payroll if they are unable to operate or have no work for you to do because of coronavirus (COVID-19)]

Temporary closure of own business

[include potential closure and actual closure]

Permanent closure of own business

[include potential closure and actual closure]

Redundancy

Asked to take leave

[Include paid and unpaid leave]

Unable to take leave

Working long hours with no breaks or reduced breaks

Finding working from home difficult

I am worried about my health and safety at work

Asked to work from home

I have to work around childcare

I have to work around other caring responsibilities

Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Wrk = Other

COV_WrkSp

Please specify the other ways in which Coronavirus (COVID-19) has affected your work

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Wrk = 11 (I am worried about my health and safety at work)

COV_HealSaf

What concerns do you have about your health and safety at work due to coronavirus (COVID-19)?

Please select all that apply

Following social distancing advice is difficult due to my role
[for example, working with patients or shop assistant]

Following hygiene advice is difficult due to my role
[for example, limited use of or no access to hand washing facilities or
antibacterial products]

Employer does not provide staff with antibacterial products to use whilst
working

Workplace itself is not clean or hygienic

Limited or no protective clothing available

Limited or no protective equipment in place

I am asked to go into work when I could work from home instead

I have a pre-existing health condition but still going to work

Colleagues have shown symptoms of coronavirus (COVID-19) whilst
remaining at work

Colleagues have been diagnosed with coronavirus (COVID-19)

Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_HealSaf = Other

COV_HealSafSp

**Please specify the other concerns you have about your health and safety at
work due to coronavirus (COVID-19)**

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Life = 4 (HOUSEHOLD FINANCES)

COV_Fin

In the past seven days, how have your household finances been affected?

Please select all that apply

Reduced income

No income

Use of my savings to cover living costs

Unable to save as usual

Had to borrow money or use credit

[For example, using credit cards, overdrafts, or taking out loans, including borrowing from friends, family, neighbours or other personal connection]

Delay to sick pay

Delay to State welfare benefits

[for example, Universal Credit]

Had to use food banks

Struggling to pay bills

[for example, food, energy]

Care costs increased

[For example, childcare, social care]

Providing financial support to friends and family

Pension value is being affected by economic instability

Savings value is being affected by economic instability

Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Fin = Other

COV_FinSp

Please specify the other ways in which coronavirus (COVID-19) has affected your household finances

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Life = 3 (SCHOOLS AND UNIVERSITIES)

COV_Sch

In the past seven days, how have schools and universities been affected?

Please select all that apply

My child is unable to attend pre-school and childcare activities

My child is unable to attend school

My child is unable to attend college or university

I am unable to attend school

I am unable to attend college or university

I am unable to attend sixth form

Uncertainty about exams and qualifications

Quality of education being affected

Worried about a move to home schooling

[for example, teaching over the internet]

Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Sch= Other

COV_SchSp

Please specify the other ways in which coronavirus (COVID-19) has affected your schools and universities

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF (HASDEP>0 (Has children 16 and under) AND COV_KeyWrk=1)

COV_Sent

In the past seven days, have you sent the {TEXTFILL child/children} within your household to nursery or school?

Yes

No

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Sent = 2 (NO)

COV_NotSen

There may be many reasons as to why key workers have not sent the {TEXTFILL children/Child} within their household to nursery or school over the past seven days.

For what reasons did the {TEXTFILL children/Child} within your household not attend nursery or school?

Please select all that apply

I was concerned about their health and wellbeing

{Child/children} said they did not want to go

It was not convenient

Someone in the household was self-isolating due to coronavirus (COVID-19) symptoms

Alternative care was available

Nursery was closed

I did not work

Not eligible

Other

Don't know

Prefer not to say

ASK IF HASDEP > 0 (HAS Children)

COV_HomSch

In the past seven days, have you home schooled your {TEXTFILL child/children} due to the coronavirus (COVID-19) outbreak?

Yes

No

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_HomSch = 1

COV_AbHom

How much do you agree or disagree with the following statement on home schooling?

I am confident in my abilities to home school the {TEXTFILL children/Child} within my household

Strongly agree

Somewhat agree

Neither agree nor disagree

Somewhat disagree

Strongly disagree

Don't know

Prefer not to say

ASK IF COV_HomSch = 1

COV_LeHom

How much do you agree or disagree with the following statement on home schooling?

The {TEXTFILL children/Child} within my household are continuing to learn whilst being homeschooled

Strongly agree

Somewhat agree

Neither agree nor disagree

Somewhat disagree

Strongly disagree

Don't know

Prefer not to say

ASK IF COV_HomSch = 1

COV_RelHom

How much do you agree or disagree with the following statement on home schooling?

Homeschooling is putting a strain on my relationships with others in the household

Strongly agree

Somewhat agree

Neither agree nor disagree

Somewhat disagree

Strongly disagree

Don't know

Prefer not to say

ASK IF COV_HomSch = 1

COV_JobHom

How much do you agree or disagree with the following statement on home schooling?

Homeschooling is negatively affecting my job

Strongly agree

Somewhat agree

Neither agree nor disagree

Somewhat disagree

Strongly disagree

Not applicable

Don't know

Prefer not to say

ASK IF COV_HomSch = 1

COV_WelHom

How much do you agree or disagree with the following statement on home schooling?

Homeschooling is negatively affecting my well-being

- Strongly agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Strongly disagree
- Don't know
- Prefer not to say

ASK IF COV_HomSch = 1

COV_WelCh

How much do you agree or disagree with the following statement on home schooling?

Homeschooling is negatively affecting the well-being of the {TEXTFILL children/Child} in my household

- Strongly agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Strongly disagree
- Don't know
- Prefer not to say

ASK IF COV_HomSch = 1

COV_ResCh

How much do you agree or disagree with the following statement on home schooling?

I have access to the resources I need to help me homeschool my {TEXTFILL children/Child}well

- Strongly agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Strongly disagree
- Don't know
- Prefer not to say

ASK IF (COV_ResCh = 3 OR 4 OR 5) (Neither agree nor disagree to Strongly disagree)

COV_ChildSt

What is affecting your ability to continue your {TEXTFILL childrens/Childs} studies from home?

Please select all that apply

- Limited or no suitable space to work and study
- Limited or no access to equipment
[for example, laptop, tablet, assistive technology, sports equipment, science resources, art equipment]
- Limited or no access to stationery
- Limited or no access to the internet
- Limited or no support from teachers or lecturers
- Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Childst = Other

COV_ChildStSp

**Please specify the other things that are affecting your ability to continue your
your {TEXTFILL childrens/Childs} studies from home**

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Sch= (4(SCHOOL) OR 5(UNI/COLLEGE) OR 6(SIXTH))

COV_MyEd

**How much do you agree or disagree with the following statement on
continuing your education from home?**

I am confident that I can continue my studies effectively whilst being at home

- Strongly agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Strongly disagree
- Don't know
- Prefer not to say

ASK IF COV_Sch = (4(SCHOOL) OR 5(UNI/COLLEGE) OR 6(SIXTH))

COV_RelEd

**How much do you agree or disagree with the following statement on
continuing your education from home?**

**Home education is putting a strain on my relationships with others in the
household**

- Strongly agree
- Somewhat agree
- Neither agree nor disagree
- Somewhat disagree
- Strongly disagree

Not applicable
Don't know
Prefer not to say

ASK IF COV_Sch = (4(SCHOOL) OR 5(UNI/COLLEGE) OR 6(SIXTH))

COV_WelEd

How much do you agree or disagree with the following statement on continuing your education from home?

Home education is negatively affecting my well-being

Strongly agree
Somewhat agree
Neither agree nor disagree
Somewhat disagree
Strongly disagree
Not applicable
Don't know
Prefer not to say

ASK IF COV_Sch = (4(SCHOOL) OR 5(UNI/COLLEGE) OR 6(SIXTH))

COV_ResMy

How much do you agree or disagree with the following statement on continuing your education from home?

I have access to the resources I need to continue my studies from home

Strongly agree
Somewhat agree
Neither agree nor disagree
Somewhat disagree
Strongly disagree
Don't know
Prefer not to say

ASK IF (COV_ResMy = 3 OR 4 OR 5) (Neither agree nor disagree to Strongly disagree)

COV_MySt

What is affecting your ability to continue your studies from home?

Please select all that apply

Limited or no suitable space to work and study

Limited or no access to equipment

[for example, laptop, tablet, assistive technology, sports equipment, science resources, art equipment]

Limited or no access to stationery

Limited or no access to the internet

Limited or no support from teachers or lecturers

Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_MySt = Other

COV_MyStSp

Please specify the other things that are affecting your ability to continue your your studies from home

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Sch = (4(SCHOOL) OR 5(UNI/COLLEGE) OR 6(SIXTH))

COV_FutPI

How much do you agree or disagree with the following statement on continuing your education from home?

I am concerned that my future life plans will be negatively affected

Strongly agree

Somewhat agree
Neither agree nor disagree
Somewhat disagree
Strongly disagree
Don't know
Prefer not to say

ASK IF COV_Life = 7 (CARING RESPONSIBILITIES)

COV_Care

In the past seven days, how have your caring responsibilities been affected?

Please select all that apply

I am spending more time caring for others
I am unable to care for someone I usually support
[for example, unable to spend as much time as would like to or unable to travel to them]
I am having to organise remote support for someone vulnerable
[for example, online grocery shopping]
Paid care support is reduced
[for example, childcare, respite care, social care support]
Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Care = Other

COV_CareSp

Please specify the other ways in which coronavirus (COVID-19) has affected your caring responsibilities

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Life = 5 (WELLBEING)

COV_Wellb

In the past seven days, how has well-being been affected?

Please select all that apply

- Spending too much time alone
- Spending too much time with others in household
- No one to talk to about my worries
- Strain on my personal relationships
- Strain on my work relationships
- Feeling stressed or anxious
- Feeling bored
- Feeling lonely
- Finding working from home difficult
- Making my mental health worse
- Unable to exercise as normal
- Feeling worried about the future
- Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Wellb = Other

COV_WellbSp

Please specify the other ways in which coronavirus (COVID-19) has affected your wellbeing

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Life = 6 (RELATIONSHIPS)

COV_RelWor

In the past seven days, which relationships have you been most worried about?

Please select all that apply

- Partner or Spouse
- Children under the age of 18

Children over the age of 18
Parent or step-parent
Grandparents
Grandchildren
Other relatives
Flatmates or lodgers
Employer or colleagues
Neighbours
Friends
Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_RelWor= Other

COV_RelWorSp

Please specify which other relationships you are have been most worried about

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_FamWor

How worried or unworried are you that Coronavirus (COVID-19) is affecting your friends and family?

Very worried
Somewhat worried
Neither worried nor unworried
Somewhat unworried
Not at all worried
Don't know
Prefer not to say

ASK IF COV_FamWor= 1 OR 2

COV_FamWay

In which way are you worried that Coronavirus (COVID-19) is affecting your friends and family?

Please select all that apply

Their health is being affected

Work is being affected

Schools and universities are being affected

Finances are being affected

Well-being is being affected

[for example, boredom, loneliness, anxiety and stress]

Relationships are being affected

Exercise routine is being affected

Availability of groceries, medication and essentials is being affected

Access to groceries, medication and essentials is being affected

Transport is being affected

Personal travel plans are being affected

[for example, holidays and gap year]

Work travel plans are being affected

Life events are being affected

[for example, weddings and funerals]

Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_FamWay= Other

COV_FamWaySp

Please specify the other ways in which coronavirus (COVID-19) is affecting your friends and family

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF **COV_FamWay** > 1 option (This is just routed off **COV_FamWay** not **COV_FamWaySp**)

COV_FamMWor

Of the worries you told us about, which one are you most concerned about for your friends and family?

[feed forward the options from above if more than one selected]

Other

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_Groc

In the past seven days, have you struggled to get the groceries, medicine and toiletries that you wanted because of the Coronavirus (COVID-19) outbreak?

Yes

No

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Groc = 1

COV_Items

What items have you struggled to get?

Please select all that apply

Food

Medicine

Toiletries

Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_Items= Other

COV_ItemsSp

Please specify the other items you have struggled to get

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_Norm

How long do you think it will be before your life returns to normal?

Less than one month

1 to 3 months

4 to 6 months

7 to 9 months

10 to 12 months

More than a year

Never

Not sure

Prefer not to say

COV_Intro4

The next set of questions are about the UK economy and your household finances in view of the general economic situation.

ASK ALL

COV_ChFin

How do you expect the financial position of your household to change over the next 12 months?

Get a lot better

Get a little better

Stay the same

Get a little worse

Get a lot worse

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_Econ

How do you expect the general economic situation in this country to develop over the next 12 months?

- Get a lot better
- Get a little better
- Stay the same
- Get a little worse
- Get a lot worse

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_Purch

In view of the general economic situation, do you think now is the right time to make major purchases such as furniture or electrical goods?

- Yes, it is the right time
- Neither right nor wrong time
- No, it is the wrong time

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_TimSav

In view of the general economic situation, do you think now is the right time to save?

- Yes, it is the right time
- Neither right nor wrong time
- No, it is the wrong time

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_Save

In view of the general economic situation, do you think you will be able to save any money in the next twelve months?

Yes

No

Don't know

Prefer not to say

ASK ALL

COV_PayEx

Could your household afford to pay an unexpected, but necessary, expense of £850?

Yes

No

Don't know

Prefer not to say

COV_Intro5

This next set of questions is about staying at home, social distancing and self-isolating to help stop the spread of Coronavirus (COVID-19).

Staying at home is what we have all been asked to do to help avoid spreading the Coronavirus.

ASK ALL

COV_HelCop

What is helping you to cope whilst staying at home?

Please select all that apply

Spending time with others that you live with

Staying in touch with family and friends remotely

[For example, over the phone or on social media]

Using the internet to continue your usual activities
[for example, virtual worship services]
Cooking
Reading
Arts activities
[for example, painting, music, knitting etc]
DIY activities
[for example, redecorating, painting]
Exercising indoors
Exercising outdoors
[for example, a run, walk or cycle, alone or with other people you live with]
Following lockdown tips and guides made by celebrities and athletes
Gardening
Learning something new
Watching tv, films or using streaming services
Online plays or theatre performances
Virtual tours of cultural or historical sites
[for example, museums, aquariums, zoo, galleries]
Working
Using other online sources of support and information
Limiting how often you listen to or watch the news
Other (please specify)
Or
Struggling to find things that are helping me cope

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_HelCop= Other

COV_HelCopSp

Please specify what else is helping you cope whilst staying at home

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_Gard

Does your home have a garden?

Yes

(includes 'private' gardens shared with others)

No

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_Green

In the past seven days, have you visited a park or public green space?

Yes

No

If skipped represent question with 'Don't know' 'Prefer not to answer' options

COV_Intro6

The next questions are about self-isolation, which is defined as staying at home because you have symptoms or have been in contact with someone who has symptoms.

ASK ALL

COV_SelfIso

In the past seven days, have you self-isolated because of the Coronavirus (COVID-19) outbreak?

Yes

No

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF DVHSIZE>1

COV_HHIso

In the past seven days, has anyone else living in your household self-isolated because of the Coronavirus (COVID-19) outbreak?

Yes

No

Not applicable

Don't know

Prefer not to say

ASK IF DVHSIZE>1

COV_EvIso

In the past seven days, has everyone in your household self-isolated because of the Coronavirus (COVID-19) outbreak?

Yes

No

Not applicable

Don't know

Prefer not to say

ASK ALL

COV_OutIso

In the past seven days, do you know someone living outside of your household who has self-isolated because of the Coronavirus (COVID-19) outbreak?

Yes

No

Not applicable

Don't know

Prefer not to say

COV_Intro7

We would now like you to think about when you have had direct physical contact with people within and outside of your household in the last seven days. Examples of direct physical contact may include, shaking or holding hands, hugging and making contact when passing objects.

ASK ALL

COV_AvCon

In the past seven days, have you avoided physical contact with others when outside your home?

Yes

No

Don't know

Prefer not to say

ASK ALL

COV_VulCon

In the past seven days, have you avoided contact with older people or other vulnerable people because of the coronavirus (COVID-19) outbreak?

Yes

No

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_VulCon = 1

COV_CarCon

Do you have care responsibilities for any of the people you may have had to avoid contact with?

Yes

No

If skipped represent question with 'Don't know' 'Prefer not to answer' options

COV_Intro8

It can sometimes be difficult to avoid physical contact altogether. We would now like you to think about when you have had direct physical contact with people within and outside of your household in the last 24 hours. Examples of direct physical contact may include, shaking or holding hands, hugging and making contact when passing objects.

ASK ALL

COV_HHCon

Over the last 24 hours, how many people within your household have you had direct physical contact with?

[0..2000]

Not applicable

Don't know

Prefer not to say

ASK ALL

COV_WrkCon

Over the last 24 hours, how many people at work have you had direct physical contact with?

[0..2000]

Not applicable, I worked from home

Not applicable for other reasons

Don't know

Prefer not to say

ASK ALL

COV_ShopCon

Over the last 24 hours, how many people have you had direct physical contact with when shopping for basic necessities? For example food, toiletries and medicine

[0..2000]

Not applicable

Don't know

Prefer not to say

ASK ALL

COV_ExeCon

Over the last 24 hours, how many people outside of your household have you had direct physical contact with when exercising?

[0..2000]

Not applicable

Don't know

Prefer not to say

ASK ALL

COV_TravCon

Over the last 24 hours, how many people have you had direct physical contact with when travelling?

[0..2000]

Not applicable

Don't know

Prefer not to say

COV_Intro9

Now we would like you to think about aspects of British society before and after the coronavirus (COVID-19) outbreak. Including how people are supporting each other since the coronavirus (COVID-19) outbreak.

ASK ALL

COV_Unibe

How united or divided do you think Britain was before the coronavirus (COVID-19) outbreak?

- Very united
- Somewhat united
- Neither united or divided
- Somewhat divided
- Very divided
- Don't know
- Prefer not to say

ASK ALL

COV_UniAf

How united or divided do you think Britain will be after we have recovered from the coronavirus (COVID-19) outbreak?

- Very united
- Somewhat united
- Neither united or divided
- Somewhat divided
- Very divided
- Don't know
- Prefer not to say

ASK ALL

COV_EquBe

How equal or unequal do you think Britain was before the coronavirus (COVID-19) outbreak?

- Very equal
- Somewhat equal
- Neither equal or unequal
- Somewhat unequal
- Very unequal
- Don't know

Prefer not to say

ASK ALL

COV_EquAf

How equal or unequal do you think Britain will be after we have recovered from the coronavirus (COVID-19) outbreak?

Very equal

Somewhat equal

Neither equal or unequal

Somewhat unequal

Very unequal

Don't know

Prefer not to say

ASK ALL

COV_KinBe

How kind or unkind do you think people in Britain were before the coronavirus (COVID-19) outbreak?

Very kind

Somewhat kind

Neither kind or unkind

Somewhat unkind

Very unkind

Don't know

Prefer not to say

ASK ALL

COV_KinAf

How kind or unkind do you think people in Britain will be after we have recovered from the coronavirus (COVID-19) outbreak?

Very kind
Somewhat kind
Neither kind or unkind
Somewhat unkind
Very unkind
Don't know
Prefer not to say

ASK ALL

COV_HelpOth

Do you think people are doing things to help others more, about the same, or less since the Coronavirus (COVID-19) outbreak?

More
About the same
Less
Don't know

If skipped represent question with 'Prefer not to answer' options

ASK ALL

COV_LocCom

To what extent do you agree or disagree with the following statement?

If I need help, other local community members would support me during the Coronavirus (COVID-19) outbreak.

Strongly agree
Somewhat agree
Neither agree nor disagree

Somewhat disagree

Strongly disagree

Don't know

If skipped represent question with 'Prefer not to answer' options

ASK ALL

COV_HelpNe

In the past seven days how many times have you checked on neighbours who might need help?

Never

1 to 2 times

3 to 4 times

5 to 6 times

7 or more

Not applicable

If skipped represent question with 'Don't know' and 'Prefer not to answer' options

ASK ALL

COV_ShopNe

In the past seven days how many times have you gone shopping or done other tasks (such as dog walking) for neighbours?

Never

1 to 2 times

3 to 4 times

5 to 6 times

7 or more

Not applicable

If skipped represent question with 'Don't know' and 'Prefer not to answer' options

ASK ALL

COV_Essen

In the past seven days, has anyone brought you food, medicine and other essentials to your home?

Yes

[for example, family member or friend, supermarket or pharmacy delivery, community support]

No

If skipped represent question with 'Don't know' and 'Prefer not to answer' options

ASK IF COV_Essen = 1

COV_ItemDel

What items have you had delivered to your home?

Please select all that apply

Food

Medicine

Toiletries

Other (please specify)

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_ItemDel= Other

COV_itemDelSp

Please specify what other items you have had delivered to your home

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK ALL

COV_SafUn

How safe or unsafe do you feel in your home since the Coronavirus (COVID-19) outbreak?

Very safe

Safe

Neither safe nor unsafe

Unsafe

Very unsafe

Don't know

Prefer not to say

ASK ALL

COV_AntiSoc

What do you think has happened to the level of anti-social behaviour in your local area since the Coronavirus (COVID-19) outbreak?

Gone up a lot

Gone up a little

Stayed about the same

Gone down a little

Gone down a lot

Don't know

Prefer not to say

ASK ALL

COV_Trune

To what extent do you agree or disagree with the following statement?

People in this neighbourhood can be trusted

Strongly agree

Somewhat agree

Neither agree nor disagree

Somewhat disagree

Strongly disagree

Don't know

Prefer not to say

COV_Intro10

We would like to know about your personal experience of finding information about the Coronavirus (COVID-19).

ASK ALL

COV_ProInfo

Do you feel like you have enough information about how to protect yourself from the Coronavirus (COVID-19)?

Yes

No

Not sure

Prefer not to say

ASK ALL

COV_UKInfo

Do you feel like you have enough information about the UK's plan for dealing with the Coronavirus (COVID-19)?

Yes

No

Not sure

Prefer not to say

ASK ALL

COV_GovM

Official government advice is that people in the UK must stay in their homes and should only go out under a limited number of circumstances, to help slow the spread of coronavirus.

To what extent do you support or oppose the stay at home measures put in place by the Government?

Strongly support

Tend to support

Neither support nor oppose

Tend to oppose

Strongly oppose

Don't know

Prefer not to say

ASK ALL

COV_State

The official NHS guidance and government advice statements on how to reduce the spread of Coronavirus (COVID-19) is being updated regularly.

Which of the following NHS guidance and official government advice statements are you aware of?

Please select all that apply

Everyone must stay at home to help stop the spread of coronavirus.

[This includes people of all ages – even if you do not have any symptoms or other health conditions.]

You can only leave your home to shop for basic essentials – only when you really need to

You can only leave your home to do one form of exercise a day – such as a run, walk or cycle, alone or with other people you live with

You can only leave your home for any medical need – for example, to visit a pharmacy or deliver essential supplies to a vulnerable person

You can only leave your home to travel to and from work – but only where this is absolutely necessary

Those who are 'high risk' should not leave their home – they should not go out to do shopping, visit friends or family, or attend any gatherings

Those who are 'high risk' should avoid close contact with other people in their home as much as possible

Wash your hands with soap and water often – do this for at least 20 seconds

Always wash your hands when you get home or into work

Use hand sanitiser gel if soap and water are not available

Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze

Put used tissues in the bin immediately and wash your hands afterwards

Try to avoid close contact with people who are unwell

Try to keep at least 2 metres (3 steps) from other people, particularly older people or those with long-term health conditions

Self-isolate at home for seven days if you have a high temperature.

Self-isolate at home for seven days if you have a new, continuous cough

Families urged to stay at home for 14 days if any member of the household is ill

Everyone to stop non-essential contact with others

do not touch your eyes, nose or mouth if your hands are not clean

Use the NHS 111 online coronavirus service (only call 111 if you cannot get help online)

Other government advice (please specify)

Or

None of these

If skipped represent question with 'Don't know' 'Prefer not to answer' options

ASK IF COV_State = Other government advice

COV_StateSp

Please specify what other NHS guidance and government advice statements you are aware of

STRING[200]

If skipped represent question with 'Don't know' 'Prefer not to answer' options

Outro and thank you page:

Thank you, you are almost done.

Your help so far has been invaluable.

To receive your £10 gift voucher please provide an email address:

[OPEN TEXT]

I do not want to receive a voucher

Your name and email address will be shared with Sodexo to send your gift voucher and will not be used for any other purposes without your permission.

You will be able to pick from a range of retailers to spend your voucher. There is also an option to donate your voucher to charity.

You will receive instructions by email about how to claim your voucher within 20 days of completing the survey.

Unfortunately, due to current business constraints as a result of coronavirus (COVID-19) we are unable to offer postal vouchers.

ASK IF OUTRO1 = email provided

[OUTRO2]

We would like to contact you in future to you to take part in future research.

Are you happy for us to use your email address for these purposes?

Yes / No

Ask IF OUTRO1 = I do not want to receive a voucher'

[OUTRO3a]

If you are happy be contacted by email to take part in future research, please provide your email address.

[OPEN TEXT]

Your email address will not be used for any other purposes without your permission.

Provide 'Prefer not to answer' response option.

ASK ALL

[OUTRO3b]

To take part in future research by phone, please provide your telephone number:

[OPEN TEXT] Provide 'Prefer not to answer' response option.

Final page:

Thank you for your help!

The official advice for England:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

The official advice for Scotland:

<https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19>

The official advice for Wales:

[https://www.nhsdirect.wales.nhs.uk/coronavirus\(2019ncov\)/](https://www.nhsdirect.wales.nhs.uk/coronavirus(2019ncov)/)

Find guidance, advice and tips on how to maintain your mental wellbeing by visiting the NHS websites:

<https://www.nhs.uk/conditions/stress-anxiety-depression/>

<https://www.nhs.uk/oneyou/every-mind-matters/>

NEXT PAGE

Feedback question

[Previous](#)

Thank you for providing your information. Your information has been submitted and your survey locked.

We are continuously looking to improve our survey. If you have any comments or feedback about any aspects you can write these in the box below. This could include comments about our letters, our questions or the design.

How easy or difficult did you find this survey to use?

- Very difficult
- Difficult
- Neither difficult or easy
- Easy
- Very easy

Feedback

Submit

[Previous](#)